

KOSA Skin Studio | Skincare Routine for Chirag Nibjiya

Consult Type: Follow Up

Concerns

- Acne
- Acne Scars
- Acne PIH



AM	PM
Cleanser BR Lait U 150ml2800	Cleanser 1 BIO Sensibio H2O 250ml990
Toner / Exfoliator Not Required-	Cleanser 2 BR Lait U 150ml2800
Serum 1 SES Azelac RU Gel 50ml2400	Toner / Exfoliator BR Lotion P50 150ml4900 M-F
Serum 2 Not Required-	Mask BR Masque Vivant 100ml4350
Serum 3 Not Required-	Serum 1 BR Serum Dermopore 30ml7500 on acne areas
Target Product Others: Nax-B gel*#N/A on active pimples	Serum 2 BR Serum Placenta 30ml4650 avoid acne areas, on scars
Eye Care Not Required-	Serum 3 BR Serum Complexe Iribiol 30ml4150 on acne, blackheads, whiteheads
Moisturiser BR Creme Dermopurifiante 50ml4650 Use this 2 times a day. Once this finishes, if the skin is dry, complete Hydravits	Target Product / Retinol Others: Adalene Nanogel*#N/A S-S, use only this cream followed by dermopurifiante
Finishing Serum Not Required-	Eye Care Not Required-
Lip Care Not Required-	Moisturiser / Face Oil BR Creme Dermopurifiante 50ml4650 BR Creme Aux Acides De Fruits 50ml7900 After 1 month, use the 2 creams on alternate nights
Sun Care Not Required- skip for now	Lip Care Not Required-
If you still have lotion MC, then do another course of it starting 20 Dec for 10 days. During that, use the same BR routine morning and night.	
TOTAL	