

KOSA Skin Studio | Skincare Routine for Anu Mehta

Consult Type: Follow Up

Concerns

Eye bags: earl to moderate on this photo

Open pores: improved

Acne: Occasional with PIH

Flaky areas on skin: still getting used to retinol and Lotion P50W

KOSA
WELLBEING

AM	PM
<i>Cleanser</i>	<i>Cleanser 1</i>
BR Lait VIP O2 150ml 4350	BIO Sensibio H2O 250ml 990
<i>Toner / Exfoliator</i>	<i>Cleanser 2</i>
BR Lotion P50W 150ml 4900	BR Lait VIP O2 150ml 4350
Hold off the PIGM for now	
<i>Serum 1</i>	<i>Toner / Exfoliator</i>
BR Serum Collagene Natif 30ml 6150	IC Poly-Vitamin Serum 30ml 9500
avoid Amniotique with Collagene Natif as it is heavy and might be causing acne. If no acne, can add Amniotique	BR Lotion P50W 150ml
<i>Serum 2</i>	alternate nights, not to use BR serums with polyvitamin serum
BR Serum Placenta 30ml 4650	<i>Mask</i>
	BR Masque VIP O2 100ml 8100
	BR Masque Vivant 100ml
<i>Serum 3</i>	<i>Serum 1</i>
BR Serum Complexe Iribiol 30ml 4150	BR Serum Amniotique 30ml 7350
on active acne, blackheads, whiteheads	
<i>Target Product</i>	<i>Serum 2</i>
BR Serum PIGM 400 8ml 4300	BR Serum Placenta 30ml 4650
on pigmented spots	
<i>Eye Care</i>	<i>Serum 3</i>
BR Creme Contour Yeux Et Levres Biofix 8600	BR Serum Elastine 30ml 6150
<i>Moisturiser</i>	<i>Target Product / Retinol</i>
BR Creme Metamorphique 50ml 8350	SES Salises Focal Treatment 15ml 1600
BR Gel ADN Silkgen 50ml	BR Serum PIGM 400 8ml
	1st on acne, 2nd on acne marks
<i>Finishing Serum</i>	<i>Eye Care</i>
BR Fluide VIP O2 30ml 15000	IC Youth Eye Complex 15g 9500
daily and in evening with just a moisturizer	
<i>Lip Care</i>	<i>Moisturiser / Face Oil</i>
BR Biokiss Lip Balm 15ml 4650	BR Creme Metamorphique 50ml 8350
<i>Sun Care</i>	<i>Lip Care</i>
IC Eclipse SPF 50+ 100g 4070	BR Biokiss Lip Balm 15ml 4650
CT Crystal Tomato Beyond Sun SPF 75+ 50ml	
TOTAL	