

KOSA Skin Studio | Skincare Routine for Natasha Seth

Consult Type: Clinical First 032021

Concerns on Skintype: Normal, Dehydrated

White Heads

Static & Dynamic Wrinkles

Melasma / Freckles / Seborrheic Keratosis



AM	PM
<i>Cleanser</i> Others: Cetaphil Gentle Cleanser* #N/A rinse	<i>Cleanser 1</i> BIO Sensibio H2O 100ml 660 cotton pad
<i>Toner / Exfoliator</i> Not Required -	<i>Cleanser 2</i> Others: Cetaphil Gentle Cleanser #N/A rinse
<i>Serum 1</i> SES Azelac RU Serum 30ml 2300 1/2 dropper, gliding movements	<i>Toner / Exfoliator</i> BR Lotion P50 PIGM 400 50ml 2700 cotton pad - hands
<i>Serum 2</i> Not Required -	<i>Mask</i> Not Required -
<i>Serum 3</i> Not Required -	<i>Serum 1</i> BR Serum PIGM 400 8ml 5000 only on the spots, 1 cycle, then stop
<i>Target Product</i> Others: Eukroma Cream* #N/A Daily in the morning on patches for 2 weeks, alternate days 2 weeks x2/week for 2 months, stop (gently dab the product)	<i>Serum 2</i> Not Required -
<i>Eye Care</i> IC Youth Eye Complex 15g 9500 1 min gap	<i>Serum 3</i> Not Required -
<i>Moisturiser</i> SES Hidraderm Hyal Cream 50ml 2700	<i>Target Product / Retinol</i> Not Required -
<i>Sun Care</i> Others: LRP #N/A reapply after misting	<i>Eye Care</i> Others: Shieshedo #N/A 1 min gap
<i>Lip Care</i> Not Required -	<i>Moisturiser</i> SES Hidraderm Hyal Cream 50ml 2700
<i>Finishing Serum</i> Not Required -	<i>Lip Care</i> Not Required -
<i>Accessories</i> Not Required -	<i>Notes</i>
TOTAL	FOLLOW UP 4m