

KOSA Skin Studio | Skincare Routine for Ajitha Mutha

Consult Type: Clinical First 032021

Concerns on Skintype: Normal, dehydrated

Acne, Acne PIH

DPN

Anti-Aging



AM	PM
Cleanser Others: Cetaphil Gentle Cleanser* rinse #N/A	Cleanser 1 BIO Sensibio H2O 250ml 990
Toner / Exfoliator Not Required -	Cleanser 2 Others: Cetaphil Gentle Cleanser* rinse #N/A
Serum 1 SES Azelac RU Gel 50ml 2400	Toner / Exfoliator BR Lotion P50W 50ml dry cotton 2300
Serum 2 Not Required -	Mask Not Required -
Serum 3 Not Required -	Serum 1 BR Serum Complexe Iribiol 8ml only on acne areas and on the nose 2500
Target Product Others: Eurkroma cream* 2 week just on marks, stop (try after 1 month) #N/A	Serum 2 BR Serum Elastine 30ml Others: EL ANR 5-8 drops and swipe onto the full face and neck 7200
Eye Care Not Required -	Serum 3 Not Required -
Moisturiser SES Hidraderm Hyal Cream 50ml 2700	Target Product / Retinol Not Required -
Sun Care ISD Fotoprotector Fusion Water SPF 50+ 1980	Eye Care SES Retises Eye Contour Cream 15ml 1850
Lip Care Not Required -	Moisturiser BR Creme Au Collagene Marin 50ml 5500
Mist Use your own: KAMA #N/A	Lip Care Not Required -
Accessories Not Required -	Notes
TOTAL	FOLLOW UP 4m